



## Interview Form

Name: \_\_\_\_\_ Current Rank: \_\_\_\_\_

Date Last Tested: \_\_\_\_\_ Age at Testing: \_\_\_\_\_ Color Board Break at Test: \_\_\_\_\_

### Request To Test For:

(Circle)

L1 1 <sup>st</sup> Degree	L1 2 <sup>nd</sup> Degree	L1 3 <sup>rd</sup> Degree
L2 1 <sup>st</sup> Degree	L2 2 <sup>nd</sup> Degree	L2 3 <sup>rd</sup> Degree
L3 1 <sup>st</sup> Degree	L3 2 <sup>nd</sup> Degree	L3 3 <sup>rd</sup> Degree

### Events Attended

How many private lessons have you had to prepare for this exam? \_\_\_\_\_

How many classes will you complete this testing cycle? \_\_\_\_\_

How many tournaments have you attended in the past year? \_\_\_\_\_

Have you attended a World Tournament? \_\_\_\_\_

What was the last tournament you competed in and what did you place?

\_\_\_\_\_

### Questions

(Please answer the following questions, in your own words, on the back of the interview form)

1. Why do you twist your wrist when doing a knife hand strike?
2. What has been your main focus in training this cycle?
3. Explain a front stance as if you're teaching a white belt.

### Attached Documents

**Black Belt Essay** – 500 words – L3 Red Belts and L4 2<sup>nd</sup> Degrees Only

(L3 Red Belts) “My Journey to Black Belt”

(L4 2<sup>nd</sup> Degree) “My Journey to 3<sup>rd</sup> Degree”

### **Recommendation – must be signed by both parties prior to interview**

By signing below I testify to the moral character of the applicant. In addition I have reviewed all the applicant's records and on my honor testify that the applicant has fulfilled all training and other requirements outlined by TRMAI.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Trainer Signature: \_\_\_\_\_ Date: \_\_\_\_\_