



Interview Form

Name: _____ Current Rank: _____

Date Last Tested: _____ Age at Testing: _____ Color Board Break at Test: _____

Request To Test For:

(Circle)

L1 1st Degree

L1 2nd Degree

L1 3rd Degree

L2 1st Degree

L2 2nd Degree

L2 3rd Degree

L3 1st Degree

L3 2nd Degree

L3 3rd Degree

1. When was the last time you tested? _____
2. What was the last tournament you competed in? _____
3. What did you do for your community service project and why did you choose the service you did?

Please Circle your Uniform Jacket Size: 00 0 1 2 3 4 5 6

Questions

(Please answer the following questions, in your own words, on the back of the interview form)

1. Explain the difference between self defense and fighting.
2. Name all the moves in your form that you're in a sitting stance.
3. Demonstrate and explain a front stance low block.

Attached Documents

Black Belt Essay – 500 words – L3 Red Belts and L3 2nd Degrees Only

(L3 Red Belts) "My Journey to Black Belt"

(L3 2nd Degree) "My Journey to 3rd Degree"

Recommendation – must be signed by both parties prior to interview

By signing below I testify to the moral character of the applicant. In addition I have reviewed all the applicant's records and on my honor testify that the applicant has fulfilled all training and other requirements outlined by TRMAI.

Applicant Signature: _____ Date: _____

Trainer Signature: _____ Date: _____