



Black Belt Interview Form

Name: _____ Current Rank: _____

Date Last Tested: _____ Age at Testing: _____ Color Board Break at Test: _____

Request To Test For:

(Circle)

L1 1 st Degree	L1 2 nd Degree	L1 3 rd Degree
L2 1 st Degree	L2 2 nd Degree	L2 3 rd Degree
L3 1 st Degree	L3 2 nd Degree	L3 3 rd Degree

Events Attended

How many private lessons have you had to prepare for this exam? _____

How many classes will you complete this testing cycle? _____

How many tournaments have you attended in the past year? _____

Have you attended a World Tournament? _____

What was the last tournament you competed in and what did you place?

Questions

(Please answer the following questions, in your own words, on the back of the interview form)

1. Explain the difference between a Side Kick and a Round Kick.
2. List 3 Sparring Combinations and demonstrate them.
3. Explain how to do a square block in a back stance and demonstrate it.

Attached Documents

Black Belt Essay – 500 words – L3 Red Belts and L3 2nd

Degrees Only
(L3 Red Belts) "My Journey to Black Belt"

(L3 2nd Degree) "My Journey to 3rd Degree"

Recommendation – must be signed by both parties prior to interview

By signing below I testify to the moral character of the applicant. In addition I have reviewed all the applicant's records and on my honor testify that the applicant has fulfilled all training and other requirements outlined by TRMAI.

Applicant Signature: _____ Date: _____

Trainer Signature: _____ Date: _____